

## Philosophy 33

### Midterm 1 Study Guide - Hinduism, Buddhism, 6 pillars of Religion

Los Angeles Harbor College

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## Hinduism

1. Are there over 1 billion Hindus in the world?
2. Founding process of hinduism
3. Region where hinduism began
4. What are the two branches of the Path of Desire. Which branch comes first? What are the differences between the two branches?
5. What are the two branches of the Path of Renunciation. Which branch comes first? What are the differences between the two branches?
6. What does Hinduism say about those who stop at the Path of Desire?
7. Why is the path of Duty not enough?
8. What is Atman?
9. What is Brahman?
10. How might you characterize the cures for temporal being, knowledge, and joy?
11. Describe the 4 types of yoga. What is the purpose of Yoga?
  - a. Jnana
    - i. Charioteer Metaphor
    - ii. 3rd person perspective
  - b. Bhakta
    - i. How does variety play into Bhakta yoga?
    - ii. What is Japam?
  - c. Karma
    - i. What about low pay and teaching?
  - d. Raj Yoga
    - i. Experimental - how many steps?
      1. What is the point of concentrating on one object?
12. 4 stages of Hindu Life
13. Caste system. Who is at the top of the pyramid? Who is at the bottom?
14. The two identifications of God
  - a. Nirguna
  - b. Saguna
15. What is the process of Karma and Samsara?
16. Many Paths to God

## **Buddhism**

1. What is the full name of the founder of Buddhism?
2. What does Buddha mean?
3. What two fates did Buddha's father foresee?
4. 3 Stages of Buddha's journey to enlightenment
  - a. Student
  - b. Asceticism
  - c. The Bo Tree - Epic Story
    - i. What was the final challenge of Mara?
5. Describe the 4 noble truths
  - a. NT 1 - Explain why the first noble truth is not necessarily equivalent with suffering
  - b. NT 2 - What does "Tanha" translate to and why is it relevant?
  - c. NT 3 - What type of logical reasoning leads us to this truth?
6. What must one do before they walk the 8 fold path?
7. Know the 8 markers on the 8 fold path
  - a. Specifically: How is right speech related to truth?
  - b. Specifically: Why is the right effort so important?
  - c. Specifically: What are some practical reasons for why mindfulness and concentration are important?
8. What is the end goal of the 8 fold path?
9. What is the difference between Theravada (Originalists) and Mahayana Buddhism? How do they envision enlightenment?
  - a. Little Raft/Big Raft
  - b. Are there Souls in Theravada Buddhism?
  - c. How does reincarnation work in Theravada Buddhism?
  - d. Arhat vs Bodhisattva - The wall story
  - e. Who was Buddha?
10. How did Buddha respond to the 6 pillars?
11. What is Zen?

## **Smith's 6 Pillars of Religion**

1. What are the 6 pillars of religion?
  - a. Extra Credit: What are Buddha's responses to the 6 pillars of religion?